

BV01 Cold Drinks, Assorted



Gear Needed, by the Bottle	
1	2 qt wide mouth bottle with lid

Tips & Tricks	
Close containers to prevent spills.	

Cold Drinks by the Bottle	Qty	Ingredient
1	Add drink mix	1 pkg drink mix
In an empty bottle pour in the drink mix		
2	Add water	2 qt water
Add water to bottle, put on lid and shake well.		

Handling Instructions	
Drink mix	use a clean dry spoon

Gear Needed, by the Cup	
1	Spoon

Cold Drinks by the Cup	Qty	Ingredient
1	Add drink mix	AR drink mix
Put drink mix in an empty cup		
2	Add water	1 cup water
Add water to cup, stir well.		

Cold Drinks, Assorted



Home Preparation Supplies	
2	Ziploc bag, Snack

How many servings at this meal?	
Multiply single serving quantities below and convert measurements if needed (i.e. 4 tbl = ¼ cup).	

Home Preparation, By the Bottle	
1	Measure appropriate amount of drink mix to make 2 qts of drink. (If pre-packaged skip this step)
2	Put in Ziploc bag
3	Double bag

Ingredients		
Qty for 1	Description	Servings Qty
AR	Drink mix	

Home Preparation, By the Cup	
1	Measure appropriate amount of drink mix to make enough drink for the meal. (If pre-packaged skip this step)
2	Put in Ziploc bag
3	Double bag

Suggested Drink Mix	
Crystal Light	Instant Tea
Gatorade	
Kool-Aid	

Tips: Burp air from bag
Securely close bag.

BV02 Hot Drinks, Assorted



Gear Needed, by the Bottle	
1	2 qt pot
1	plastic ladle

Tips & Tricks
Close containers to prevent spills.

Hot Drinks by the Pot	Qty	Ingredient
1	AR	water
Bring water to boil		
2	AR	drink mix
Put drink mix in cup, add hot water. Stir well		

Handling Instructions
Drink mix use a clean dry spoon when spooning mix from bag or container.

Hot Drinks, Assorted



Home Preparation Supplies	
2	Ziploc bag, AR

How many servings at this meal?
Multiply single serving quantities below and convert measurements if needed (i.e. 4 tbl = 1/4 cup).

Home Preparation, By the Cup	
1	Measure appropriate amount of drink mix to make enough drink for the meal. (If pre-packaged skip this step)
2	Put in Ziploc bag
3	Double bag
add bag of sugar & creamer packet if used.	

Ingredients		
Qty for 1	Description	Servings Qty
AR	Drink mix	

Tips: Burp air from bag
Securely close bag.

Suggested Drink Mix	
Hot Cocoa	sugar packets (opt)
Coffee	non-dairy creamer (opt)
Tea	
Apple Cider	

Handling Instructions
sugar & creamer Put packets in separate bag from drink mix

BV03 Bug Juice



Gear Needed	
1	2 qt wide mouth bottle with lid

Cooking Instructions	Qty	Ingredient
1 Put lemonade and kool-aid in bottle	1 can	lemonade
	1 pkg	kool-aid
2 Add water	3 can	water

Put lid on bottle, shake well

Handling Instructions	
Lemonade	Keep lemonade in cooler

Tips & Tricks
Close containers to prevent spills.

Bug Juice



Home Preparation Supplies	
1	Freezer Ziploc bag, 1 qt

Home Preparation	
1	put can and package in ziploc bag

Tips: Put this card in bag
 Burp air from bag
 Securely close bag.

How many servings at this meal?
Multiply single serving quantities below and convert measurements if needed (i.e. 4 tbl = 1/4 cup).

Ingredients for 4 servings		
Qty for 4	Description	Servings Qty
1 can	lemonade	
1 pkg	kool-aid	

Special Preparation Instructions	
Lemonade	requires cooler

BV04 Camp-uccino



Gear Needed

1	Backpack stove	1	2 qt pot
1	Plastic ladle		

Cooking Instructions

	Qty	Ingredient
1	AR	water
2	AR	Camp-uccino
1 tbl mix per 8 oz water. Add more to taste		
3		Add water
Stir well.		

Tips & Tricks

Do not boil, or put boiling water in Ziploc bags.
 Re-use and recycle the Freezer Ziploc bags.
 Close containers to prevent spills.
 Put lid on pots during cooking to conserve fuel.

Camp-uccino



Home Preparation Supplies

1	Freezer Ziploc bag, 1 qt (2 optional)
1	empty 16 oz cocoa or cappuccino can

Home Preparation

	Ingredient
1	mix all ingredients
2	Put mix in 16 oz container and then Ziploc bag or put in Ziploc bag and double bag

Tips: Put this card in bag
 Burp air from bag
 Securely close bag.

How many servings at this meal?

Multiply single serving quantities below and convert measurements if needed (i.e. 4 tbl = 1/4 cup).

Ingredients for 15 servings

Qty for 15	Description	Servings Qty
1 cup	instant coffee	
1 cup	cocoa	
1/2 cup	non-dairy creamer (flavor optional)	
1 tbl	cinnamon (optional)	

Special Preparation Instructions

coffee	grind coffee crystals to powder

BV05 Spiced Cow Juice



Gear Needed			
1	Backpack stove	1	2 qt pot
1	ladle		

Cooking Instructions		Qty	Ingredient
1	Boil water	AR	water
1 cup water for each serving			
2	Put drink mix in cup	3 tbl	Cow Juice mix
		1 cup	water

Put drink mix in cup, add water. Stir well

Tips & Tricks

Do not boil, or put boiling water in Ziploc bags.

Re-use and recycle the Freezer Ziploc bags.

Close containers to prevent spills.

Put lid on pots during cooking to conserve fuel.

Spiced Cow Juice



Home Preparation Supplies	
1	Ziploc storage bag, snack

How many servings at this meal?

Multiply single serving quantities below and convert measurements if needed (i.e. 4 tbl = ¼ cup).

Home Preparation	Ingredient
1	mix all ingredients
2	put in bag
3	double bag

Ingredients		
Qty for 1	Description	Servings Qty
3 tbl	powdered milk	
¼ tsp	ground cinnamon	
¼ tsp	nutmeg	
1 tsp	sugar	

Tips: Put this card in bag
 Burp air from bag
 Securely close bag.

Special Preparation Instructions	
sugar	can substitute 1 pkg sweet & low
packaging	can package for an individual, or patrol, servings.